



Williston Horticulture & Design




Designer: Sarah Williston







Email: sarah@willistonhd.com







Phone: (508) 560-6004

Plant Maintenance Key: Safe Harbor, Vineyard Haven, MA

All plants were chosen based off of their resilience to the coastal elements that Safe Harbor exhibits. I.E. Salt exposure, wind, and flooding. It is noted that almost all selected species are native in order to give back to local ecology and biodiversity. In addition to being primarily native flora, they are all very low maintenance. Details per individual specie is as noted below. This document is meant to be read alongside the 'Plant List' which lists additional information of each specie.

Species	Maintenance	Visual
Grasses:		
Calamagrostis x acutiflora x 'Karl Foerester'	<p style="text-align: center;">Low</p> <p>No maintenance necessary during growing season. Cut back dead foliage and old stems in early spring before growth resumes.</p>	
Deschampsia cespitosa	<p style="text-align: center;">Low</p> <p>No maintenance necessary during growing season. Cut back dead foliage and old stems in early spring before growth resumes. Will self-seed.</p>	
Panicum virgatum	<p style="text-align: center;">Low</p> <p>No maintenance necessary during growing season. Cut back dead foliage and old stems in early spring before growth resumes. Will spread via underground rhizomes.</p>	
Sorghastrum nutans	<p style="text-align: center;">Low</p> <p>No maintenance necessary during growing season. Cut back dead foliage and old stems in early spring before growth resumes.</p>	

<p>Sporobolus heterolepis</p>	<p>Low No maintenance necessary during growing season. Cut back dead foliage and old stems in early spring before growth resumes.</p>	
<p>Shrubs:</p>		
<p>Clethra alnifolia</p>	<p>Minimal Prune to shape in early spring before new growth begins. Remove root suckers if the naturalizing spread is undesired.</p>	
<p>Cornus sericea</p>	<p>Minimal <u>While pruning is not required</u>, pruning one-third of plant down early spring will stimulate growth. Remove root suckers if the naturalizing spread is undesired.</p>	
<p>Ilex glabra</p>	<p>Minimal Prune to shape in early spring before new growth begins.</p>	
<p>Prunus maritima</p>	<p>Moderate Prune in spring to shape after its done flowering. Thin out the inside of the canopy to promote air circulation and light exposure. Remove down to one-third of plant in early spring to stimulate growth.</p>	
<p>Myrica pensylvanica</p>	<p>Low <u>While pruning is not required</u>. Lightly prune to shape if needed. Remove root suckers if the naturalizing spread is undesired.</p>	

<p>Viburnum dentatum</p>	<p>Low <u>While pruning is not required</u>, lightly prune to shape after the shrub is done flowering in the spring. Avoid taking off more than 1/3 of shrubs overall size.</p>	
<p>Perennials:</p>		
<p>Asclepias incarnata</p>	<p>Low No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall.</p>	
<p>Aster novae-angliae</p>	<p>Low No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall.</p>	
<p>Amsonia tabernaemontana</p>	<p>Low No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall.</p>	
<p>Baptisia australis</p>	<p>Low No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall.</p>	
<p>Echinacea purpurea</p>	<p>Minimal <u>While no maintenance is necessary</u>, deadheading (removing the dead flowers from living plants) will keep them in bloom all summer. This can be done throughout the summer. This plant will self-seed.</p>	

<p>Liatris spicata</p>	<p>Low No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall.</p>	
<p>Pycnanthemum muticum</p>	<p>Low No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall. Will spread via underground rhizomes.</p>	
<p>Osmundastrum cinnamomeum</p>	<p>Low No maintenance necessary during the growing season. Cut down dead foliage in fall.</p>	
<p>Polygonatum biflorum</p>	<p>Low No maintenance necessary during the growing season. Cut down dead foliage in fall.</p>	
<p>Perovskia atriplicifolia</p>	<p>Minimal Cut back dead or under-performing stems in mid-spring.</p>	
<p>Rudbeckia hirta</p>	<p>Minimal <u>While no maintenance is necessary</u>, deadheading (removing the dead flowers from living plants) will keep them in bloom all summer. This can be done throughout the summer. This plant will self-seed.</p>	

<p>Solidago odora</p>	<p style="text-align: center;">Low</p> <p>No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall. This plant will self-seed.</p>	
<p>Tiarella cordifolia</p>	<p style="text-align: center;">Low</p> <p>No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall. Will spread via underground rhizomes.</p>	
<p>Verbena bonariensis</p>	<p style="text-align: center;">Low</p> <p>No maintenance necessary during the growing season. Cut plant down to the ground after they're done flowering in the fall. Will naturalize.</p>	