

Social Services available to Seniors on Martha's Vineyard

2018

compiled by: Dan Doyle, Martha's Vineyard Commission

Glossary

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| COA | Council on Aging |
| CORE | Counseling, Outreach & Referral for the Elderly |
| DC | Dukes County |
| MVCS DC | Martha's Vineyard Community Services Daybreak Clubhouse |
| DCSS | Dukes County Social Services |
| DCVS | Dukes County Veterans Services |
| DDS | Department of Developmental Services |
| DNR | Do Not Resuscitate |
| DS | Disability Services |
| ES | Elder Services of Cape Cod & the Islands |
| EUCP | Enhanced Urgent Care Program |
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| FR | Fundraising |
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| HAMV | Healthy Aging Martha's Vineyard |
| IIC | Island Intervention Center |
| ICC | Island Counseling Center |
| IDC | Island Disability Coalition |
| IES | Island Employment Services |
| IIC | Island Intervention Center |
| IIC | Island Intervention Center |
| IFP | Island Food Pantry |
| IWYC | Island Wide Youth Collaborative |
| MOLST | Medical Orders for Life-Sustaining Treatment |
| MVCL | Martha's Vineyard Center for Living |
| MVCS | Martha's Vineyard Community Services |
| MVH | Martha's Vineyard Hospital |
| SUD | Substance Use Disorder |
| UI | Up Island (Chilmark, West Tisbury, & Aquinnah) |
| VHA | Vineyard Healthcare Access |
| VNA | Vineyard Nurses Association |
| VTA | Vineyard Transit Authority |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|--|---|--|
| Outreach / Advocacy for Individuals | Advanced Care Planning | | MV Hospice |
| Health & Wellness | Animal companions | scheduled visits with emotional support dogs | OB COA |
| Health & Wellness | Assistance to Victims of Elder Abuse & Neglect | services that investigate suspected elder abuse and provide support to the victims | Tisbury COA, ES, UI COA, MV Center for Living, MVH, EDG COA, MVCS CONNECT to end violence |
| Recreation & Socialization | Balletics | low impact exercise based on ballet movement | UI COA |
| Household / Financial Management | Battery Replacement (for smoke and CO detectors) | | OB Fire & EMS Services |
| Arts & Cultural | Beading | | Featherstone Center for the Arts |
| Health & Wellness | Bereavement services | | MV Hospice |
| Recreation & Socialization | Bingo | | OB COA |
| Recreation & Socialization | Board games | | OB COA |
| Recreation & Socialization | Bowling outings | | EDG COA |
| Recreation & Socialization | Cards | | OB COA |
| Outreach / Advocacy for Individuals | Care Coordination for terminally ill | | MV Hospice |
| Health & Wellness | Caregiver support | programs and services that provide practical and emotional support for care givers of elders | ES, MVCS, UI COA, MV Center for Living, HAMV coordinated |
| Outreach / Advocacy for Individuals | Case management | Certified case managers assist seniors and their families in planning for and implementing ways to allow for the greatest degree of health, safety, independence, and quality of life | ES, MVCS ICC, CONNECT, MVCS IIC, MVCS IWYC, Dukes County Social Services, Dukes County Veterans Services, MV Center for Living, MVH, EDG COA |
| Arts & Cultural | Ceramics | | Featherstone Center for the Arts |
| Arts & Cultural | Chair caining | | OB COA |
| Health & Wellness | Chaplain | | MV Hospice |
| Outreach / Advocacy for Individuals | Client finding / Identification | finding elders with unmet needs / issues that are not being addressed | Tisbury COA, UI COA, Dukes County Social Services, MVH, EDG COA, DCVS |
| Arts & Cultural | Coloring | | Featherstone Center for the Arts |
| Outreach / Advocacy for Individuals | Community education | access to educational opportunities | Tisbury COA, UI COA, Dukes County, MV Center for Living, MVH, EDG COA, DCVS |
| Health & Wellness | Companionship / Friendly Visiting | home visits to seniors who have limited social interaction | Tisbury COA, UI COA, EDG COA, MV Hospice |
| Miscellaneous | Computer class | | OB COA |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|--|--|---|
| Nutrition | Congregate / senior dining meals | | COAs & ES, MV Center for Living, DCVS |
| Recreation & Socialization | Conversations / Discussions | | OB COA, MV Center for Living |
| Outreach / Advocacy for Individuals | Counseling for terminally ill patients and their inner circle | | MV Hospice |
| Professional Services | Couples counseling | | MVCS Island Counseling Center |
| Professional Services | Court Order SUD Programs | | Driver Alcohol Education and Second offenders |
| Health & Wellness | Dance | | UI COA, MV Center for Living |
| Health & Wellness | Dementia services | treatment and adaptation options for elders in cognitive decline | COAs, MV Center for Living, MVH |
| Outreach / Advocacy for Individuals | Dementia training | support for caregivers of elders with dementia & for the public at large to better understand the affliction | MV Center for Living |
| Outreach / Advocacy for Individuals | Depression screening | | UI COA, MV Center for Living |
| Health & Wellness | Diabetes Support Group | regular meetings to discuss issues germane to diabetics and to their caregivers | MVH, Tisbury COA |
| Outreach / Advocacy for Individuals | Disabilities (not physical) | | MVCS Disability Services, Island Disability Coalition (IDC), Dukes County Social Services, ES |
| Outreach / Advocacy for Individuals | Do Not Resuscitate (DNR) / MA Medical Orders for Life-Sustaining Treatment (MOLST), Five Wishes documentation assistance | assistance with legally documenting end-of-life wishes. Five Wishes is a legal advance directive document. It is America's most popular living will with more than 30 million copies in circulation. | UI COA, MVH, EDG COA |
| Arts & Cultural | Drawing | | Featherstone Center for the Arts |
| Household / Financial Management | Emergency preparedness | educating the public on how to plan for natural disasters and major storms, including the special considerations of elders. Also includes updating lists of elders who live alone at their respective COA. | UI COA, Tisbury COA, Dukes County Social Services, EDG COA |
| Health & Wellness | Emergency response | education about devices that can assist seniors make emergency calls | Tisbury COA, Elder Services, EDG COA |
| Outreach / Advocacy for Individuals | Employment services | matching elders who want to work, and the disabled, with businesses that can employ them | ES, MVCS Disability Services, MVCS Island Employment Services (IES), MVCS DC |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|---|---|---|
| Health & Wellness | End of Life care | | MVH, Tisbury COA |
| | | includes short term observation of individuals in need of Emergency Services Programs, assessment of critical needs in regard to mental health and substance use, brief intervention that includes short term team counseling, peer support, crisis planning and safety planning for those at risk of suicide, and referral, support and care coordination through care transitions | |
| Professional Services | Enhanced Urgent Care Program (EUCP) | | MVCS Island Intervention Center (IIC) |
| Miscellaneous | Evaluation / Intake Assessment / Consultation | Assessment of critical needs in regard to mental health and substance use | ES, MVCS ICC, CONNECT, MVCS, EDG COA, DCSS, DCVS |
| Outreach / Advocacy for Individuals | Falls Prevention | Brief intervention including short-term team counseling, peer support, crisis planning and safety planning for those at risk of suicide. | Tisbury COA, HAMV, UI COA, MVH Rehab Department, EDG COA, EDG Ambulance Service (in development) |
| Health & Wellness | Family / Caregiver Assistance | Referral, support and care coordination through care transitions. | Tisbury COA, Elder Services of CC & Islands, MVCS DS - Family Support Center, UI COA, MV Center for Living, MVH |
| Outreach / Advocacy for Individuals | File of Life Form assistance | | OB Fire & EMS Services |
| Household / Financial Management | Financial Management assistance | provide seniors with advice on money management | ES, UI COA, EDG COA, DCVS |
| Household / Financial Management | Fire Safety & Education | | OB Fire & EMS Services, EDG COA & EDG EMS |
| Health & Wellness | Fitness / exercise / walking club programs | | Tisbury COA, UI COA, EDG COA |
| Nutrition | Food Distribution | low or no-cost food options for low income islanders | EDG COA, OB COA, MV Center for Living, Island Food Pantry |
| Household / Financial Management | Food shopping / Errands assistance | | ES, UI COA, MV Hospice, Tisbury COA |
| Nutrition | Food stamp assistance | help determine food stamp eligibility and guidances through the application process | VHCAP, MVCS IWYC, Tisbury COA, UI COA, EDG COA, DCVS |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|---|---|--|
| Miscellaneous | General Info and Services | | MVCS (FirstStop Martha's Vineyard), UI COA, MV Center for Living, MVH, EDG COA, VHCAP |
| Miscellaneous | General Info Services & Referral | | Tisbury COA, ES, MVCS all programs, UI COA, DCSS, MV Center for Living, EDG COA, DCSS, VHCAP, ES, DCVS |
| Health & Wellness | Grandparents Support | | MVCS MV Family Center |
| Health & Wellness | Grief support | | Tisbury COA, UI COA |
| Professional Services | Health benefits counseling / Application Assistance | health plan enrollment assistance | COA-SHINE, UI COA, VHCAP, EDG COA, DCVS |
| Health & Wellness | Health education | | VNA, UI COA, MVH, EDG COA |
| Health & Wellness | Health screening | Most health screening for purposes of this "social" service listing include screening for eyes, ears, feet & teeth | Tisbury COA, Tri-Town Ambulance, MVH, EDG COA, OB COA, ES, UI COA, EDG EMS |
| Household / Financial Management | Home retrofit | home modifications that increase the chances for elders to safely age in place (within their home), training for Island Builders, Architects and Occupational Therapists to become "Certified Aging-in-Place Specialists" so they can help elders make home modifications needed to safely age in place | HAMV coordinated |
| Health & Wellness | Homeless day care | | Parish House in OB |
| Outreach / Advocacy for Individuals | Homeless prevention | assistance for people in jeopardy of losing their homes | DCSS |
| Household / Financial Management | Homemakers services | Food prep, living quarters cleaning, laundry, personal care | VNA, ES, UI COA, EDG COA |
| Recreation & Socialization | Intergenerational programming | activities or programs that increase cooperation, interaction or exchange between any two generations | MVCS Family Center, MV Center for Living, EDG COA |
| Miscellaneous | IPAD classes | | EDG Library |
| Arts & Cultural | Kiln-fired enameling | | Featherstone Center for the Arts |
| Arts & Cultural | Knitting | | OB COA |
| Professional Services | Legal assistance | | Tisbury COA, MVCS (CONNECT to End Violence), UI COA, EDG COA, OB COA |
| Health & Wellness | LGBT support | | MVCS Island Counseling Center |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|--|--|--|
| Household / Financial Management | Lock box distribution | home visits to provide these boxes | Edgartown COA and Edgartown EMT |
| Outreach / Advocacy for Individuals | Long term care ombudsman program | | ES |
| Recreation & Socialization | Mahjongg | | OB COA, MV Center for Living |
| Health & Wellness | Massage | | UI COA |
| Nutrition | Meals on Wheels / Home delivered meals | | ES, UI COA, EDG COA |
| Health & Wellness | Medication Management | | ES, MVCS IC, MVH |
| Health & Wellness | Meditation | | UI COA |
| Health & Wellness | MELT / Sound Healing | | UI COA |
| Health & Wellness | Memory support group | | Featherstone/MV Center for Living, EDG COA |
| Professional Services | Mental Health counseling | | MVCS ICC, MVCS IIC, EDG COA |
| Professional Services | Mental Health services | | MVCS Daybreak Clubhouse (DC), MVCS CORE, EDG COA |
| Arts & Cultural | Metalsmithing | | Featherstone Center for the Arts |
| Arts & Cultural | Mixed Media | | Featherstone Center for the Arts |
| Arts & Cultural | Movies | | OB COA |
| Recreation & Socialization | Music | | EDG COA, Featherstone, MV Center for Living |
| Outreach / Advocacy for Individuals | Newsletter | Upcoming events, activities and COA updates | MV Center for Living, EDG COA, DCVS, Tisbury COA |
| Miscellaneous | Notary | | UI COA, DCSS, MVH |
| Nutrition | Nutrition education | | MVH |
| Recreation & Socialization | Painting | | UI COA, Featherstone |
| Health & Wellness | Parkinson's Support group | for caregivers and those with the disease | UI COA |
| Health & Wellness | Pedicare | | UI COA, EDG COA |
| Arts & Cultural | Photography | | OB COA |
| Arts & Cultural | Poetry group | | EDG COA |
| Arts & Cultural | Printmaking | | Featherstone Center for the Arts |
| Outreach / Advocacy for Individuals | Public health awareness / informational sessions | | VNA, MVH, Tisbury COA |
| Health & Wellness | Reiki | a healing technique in which the therapist channels energy into the patient by means of touch, to activate the natural healing processes and restore physical and emotional well-being | UI COA |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|---|--|--|
| Professional Services | Respite care | planned or emergency care that enables families and/or other unpaid caregivers a break from their duties. | ES, UI COA, MV Center for Living, MVH, MV Hospice |
| Outreach / Advocacy for Individuals | SAFE Seniors | fire and safety education for seniors, who are at the highest risk of dying in fire in the Commonwealth. | ES, COAs, MVCS, MVCL |
| Recreation & Socialization | Social (supportive) day care | | MVCL, ES |
| Miscellaneous | Social Security Video Display Program & Consultations | | OB COA* |
| Arts & Cultural | Soldering | | Featherstone Center for the Arts |
| Health & Wellness | Substance Abuse Recovery | | MVCS Recovery Coaching Program |
| Professional Services | Substance Use Disorder (SUD) Services (outpatient counseling) | | MVCS New Paths Recovery Program, and MVCS SUD program |
| Health & Wellness | Suicide prevention | | MVCS Island Intervention Center |
| Miscellaneous | Supervised visitation services | | CONNECT to end violence |
| Health & Wellness | Supportive devices loans | used equipment for elders such as walkers that are loaned by respective COAs | Tisbury COA, UI COA, DCVS |
| Outreach / Advocacy for Individuals | Telephone Reassurance | program designed to help homebound elderly and/or disabled individuals to remain independent in their own homes by providing reassuring telephone calls, social support and safety checks. | Tisbury COA, EDG COA |
| Recreation & Socialization | Threshold choir | volunteer chorus singing to the dying in their final moments | OB COA |
| Miscellaneous | Transportation - ambulatory | | Tisbury COA, VTA, EDG COA, Tisbury Ambulance Service, OB Fire & EMS Services |
| Miscellaneous | Transportation - non-ambulatory | | Tri-Town Ambulance, EDG COA, Tisbury Ambulance Service, OB Fire & EMS Services, UI COA |
| Miscellaneous | Transportation subsidy | assistance paying for transportation costs | UI COA, MVCS |
| Recreation & Socialization | UFO's (Unfinished Forgotten Objects) | | OB COA |
| Household / Financial Management | Utilities assistance | | Tisbury COA, MV Center for Living, DCSS, DCVS |

| Service Category | Service | Description (if applicable) | Provider(s) |
|-------------------------------------|---|--|---|
| Professional Services | Veterans services | | MVCS Island Counseling Center (ICC), EDG COA, DCVS |
| Health & Wellness | Veterans support | referrals to agencies and programs that support veterans and their families. | MVCS Island Counseling Center - Veterans Outreach Program, EDG COA |
| Health & Wellness | Victims of domestic or sexual violence counseling | | MVCS: CONNECT to end violence |
| Miscellaneous | Vigils | | MV Hospice |
| Outreach / Advocacy for Individuals | Volunteer opportunities | matching the skills of elders with the needs of the community in which they live | Elder Services of Cape Cod and the Islands, MV Center for Living, EDG COA |
| Health & Wellness | Walking Club | | OB COA |
| Recreation & Socialization | Writing | | UI COA |
| Health & Wellness | yoga (chair and standing) | | Tisbury COA, UI COA, OB COA, MVCL |